

DeQuervain's Tenosynovitis

Presentation

Pain localised to first dorsal compartment

Positive Finkelstein's Test

Pain on isometric testing of APL/EPB

Abduction lag of thumb

Classification

1. Gestational presentation, < 3/12 onset, pain on palpation, positive Finkelstein's and pain on isometric testing but no abduction lag.
2. Long standing history > 6/12, pain on palpation, positive Finkelstein's, pain on isometric testing and positive abduction lag.

Physiotherapy / Occupational Therapy

No Better

Secondary Care