

# Osteoarthritis GHJ

## Presentation

50+

Gradual onset of severe pain/constant ache GHJ/  
deltoid

Non-specific aggravating activities

Possible sleep disturbance

Gross shoulder restriction

Crepitis



**Referral to Physiotherapy**



**No Better**



**Consider Injection**



**No Better**



**Xray / Secondary Care**

## Differential Diagnosis

Metastases

RA

Capsulitis